



**OCTOBER 31, 2015**  
**REDBARN EVENT CENTRE**  
**PRESENTS**

## **What baggage are YOU taking into the Obedience Ring?**

You love your dog. You love the sport. You train hard. Yet things NEVER SEEM TO FEEL RIGHT when you finally enter a "formal" obedience ring under judgment. You are often disappointed with your results. You are sometimes discouraged.

If this is a familiar picture then this seminar might shed some light on why this is happening and how you can improve your formal ring performance by applying some of the many researched and established principles of sport psychology to competitive obedience.

### **A Different Approach**

In training we are often reminded to "read your dog". What most of us fail to realize is that the most intense reading in the ring is being done by our dogs, who desperately try to read US. This seminar is about what we're giving them to read, and how we can convey the kind of messages that will help them perform well under competitive conditions. A participant in our pilot workshop expressed it like this "We always have been taught what to do with our dogs, but rarely with ourselves".

### **The Seminar Emphasis**

In this full-day workshop, our emphasis is on the demeanor of the handler and covers:

- Understanding the performance effect of tension and worry
- Learning to discard mental/emotional baggage that impedes performance
- Diagnosing and remedying body language issues to develop a handling style that will make you more relaxed and confident, and make your dog more responsive
- Developing effective messaging techniques (clues and cues), particularly in heeling exercises

These ideas don't conflict with or replace whatever technical methods you and your coaches utilize. Instead, they should be seen as important add-ins and enhancements.



**The Facilitation Team**

**Ellie Beals and David Skinner** are a husband-wife team of obedience competitors. For 2014, Ellie and her GMOTCh partner Fracas (89 HITs, winner of the 2012 HIT of HITS, and five placements in the Obedience Top Ten in the last six years) were the top-ranked obedience team in Canada, and David and his younger GMOTCh partner Gyro were the second-ranked team.

David (a former sports executive with a sports psychology background) and Ellie (a consultant with an education background) live and train together, and coach a small group of students. Professionally, both design and deliver training programs that reflect their belief that fun furthers learning. So they bring to this seminar not only their skills as dog trainers, but also an ability to translate those skills into an exciting, interactive learning experience, consistent with the principles of sport psychology and effective adult learning.

Join Ellie and David for a workshop where both participants and observers will have fun.

- **Participants:** Will be limited to 12 dog/handler teams
- **Observers:** Will be limited to 20. While observers won't be "on the floor", their full participation in discussions is encouraged.

**When: SATURDAY OCTOBER 31, 2015**

**Where: RedBarn Event Centre**  
8464 County Road 27  
Barrie Ontario L4N 9C4

**Costs:** \$120+ HST = **\$135.60** for participants - dogs to be crated except when working.  
\$50+HST= **\$57.50** for observers. Make cheques payable to RedBarn Event Centre and send to c/o Bev Owocki, 6096 11<sup>th</sup> Line, RR#4 Cookstown, Ontario L0L 1L0

**Lunch of Chili, buns, salad and beverage will be supplied**

**Working spot** ☐ **Auditing** ☐

NAME: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

DOG'S LEVEL OF TRAINING: \_\_\_\_\_

For more information contact  
[Bevowocki@missingbrick.ca](mailto:Bevowocki@missingbrick.ca)



I understand that my attendance at a dog training seminar is not without risk to myself, my dog, any attending guest, family members, and my personal property. I hereby waive and release ELLIE BEALS, DAVID SKINNER, BEVERLEY OWOCKI, AND THE REDBARN EVENT CENTRE, OWNERS and SEMINAR PRESENTERS from any and all liability of any nature, for injury or damage which I or my dog may suffer, including any injury as a result of any action by any dog or persons. I shall personally assume all responsibilities and liabilities for any loss or injury which may be alleged to have been caused directly or indirectly to any person or thing by the act of my dog or myself.

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_