

Diamond started working on my dogs last year when Summit had an injury that no other specialist or vet could diagnose. Diamond was able to identify a hamstring injury right away and had us on the road to recover. Since then Diamond has worked on my dogs on a regular basis and is a huge reason they are able to maintain good health and longevity in the sport. Not only does she have an amazing attention to detail but her understanding of the canine athlete and how it relates to structure and conditioning is exceptional. I now have a much better understanding of how to prevent injuries with strengthening and conditioning specific to each dogs structure. I would recommend that anyone who wants their dog to excel in dogsports to utilize the knowledge and expertise provided by Diamond Ruman at Sterling Canine Therapy.



Justine Davenport - 10 time world team member and 5 time national champion

Diamond has been working on my dogs for a year. Her knowledge of the canine body is extremely impressive. She understands dogs strengths and weaknesses according to their structure and will give you appropriate exercises to bring out the best in your dog. When Trix first saw Diamond she was having a lot of soreness in her back end. Since Diamond has been working on her I have noticed more speed on course and better collection. I highly recommend her services and respect her knowledge and honesty.

Jessica Patterson



Last March my border collie Keen fell off the dog walk, he came up lame his left hip was injured.

I really thought his agility career might be over. I called on Diamond for help. Upon assessment she agreed that he was badly injured but she thought if we worked together he could be back running agility again. She had us on a program, I called her Keen's personal trainer. By the summer he was better then ever and in Aug he placed second in the UKI Canadian Nationals biathalon. We now see Diamond at least every 8 weeks to

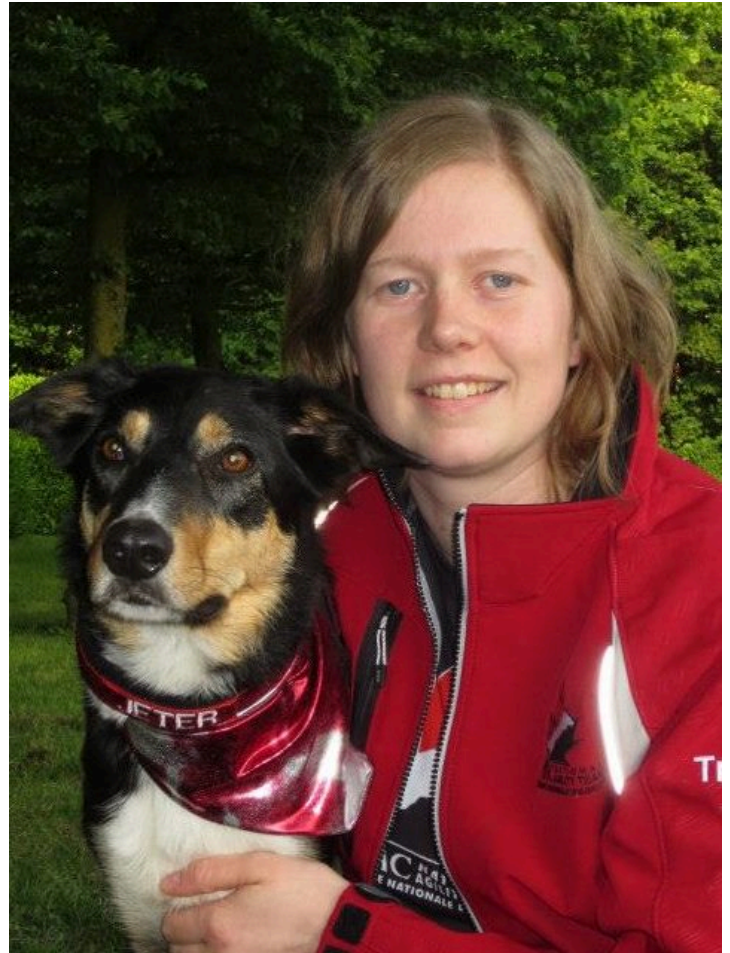
help maintain Keen's body so he can perform at his best. I often say his injury was the best thing that happened to Keen, Diamond was able to help him recover from his injury and fix some old underlying problems. Now his jumps stay up and his weave pole entries are flawless.



Bonnie Sales



My border collie, Jeter, and I were slated to compete at the IFCS World Championships in May of 2014 but Jeter came up lame in March of that year after slipping on some ice. I contacted Diamond at Sterling Canine Therapy based on the recommendations of other agility competitors in the Edmonton area and she has exceeded my expectations from day one. Diamond approaches her profession with a unique attitude and an incredible amount of commitment. She happily answered all of my questions (which were many), welcomed updates and was able to provide valuable feedback. I have trusted her with my dogs from the get-go and that matters greatly for me. She has an energy and passion for helping dogs that is palpable and I always end our sessions knowing that she cares about the well being of my dogs. The tangible result of the massage, light therapy and rehab program that Diamond designed for us was a healthy dog, a dog that was undoubtedly in better shape than before his injury. When we went back to training I heard the remark "He looks faster than before" numerous times. We competed at worlds and I don't think we would have been able to do that without Diamond. All of my dogs, current and future, will benefit from what I have learned from her – the importance of a warm up and cool down, stretching, strength exercises etc. Her knowledge of canine conditioning and fitness is impressive and she is a true professional that I would feel confident recommending to anyone.



Tracy Henebury (Canadian National Team Member, 2014)

Long story short!SH,

One year after Bizi's life saving emergency surgery, his body was in no condition to continue trialing. Thankfully, we were introduced to Diamond, the pivotal factor in Bizi's head to toe transformation.

Thanks to Diamond's rehab combination of her 'hands on' treatment, treadmill schedule and conditioning exercises, within one year, Bizi was back, happily trialing with restored confidence.

I am truly grateful to Diamond for opening my eyes to the importance of commitment to conditioning my companions.

Gina

ps Bizi & Tex send their LOVE :D



Diamond has been working with Tackle, my five year old Border Collie, for about 18 months. Tackle is a very busy boy, competing in both agility and flyball on a regular basis. Diamond's care was an important part of his preparation for competing at the IFCS World Agility Championships in the Netherlands in May, 2014. Regular appointments focusing on massage therapy, myofascial release therapy, and photonic light therapy has helped to ensure that he was in top condition to travel and compete locally, nationally and internationally.

Sue Charlton and Tackle (Canadian National Team Member, 2014)





For years my dogs regularly saw a chiropractor, but were still missing something in their overall treatments to help keep them healthy and sound.

A friend recommended Diamond and my dogs have been seeing her since late 2013. Diamond has helped my dogs recover from injuries, build muscle in areas of weakness and stay in peak physical condition.

After years of using several different treatment providers, I am very impressed with Diamond's vast knowledge of the physical demands of a canine athlete. She takes her time assessing each dog and the appointments never feel rushed. It's clear that she genuinely cares about the dogs she treats and wants to know how they are doing before and after the sessions.

Her help has brought Spicy back to her prime. We went from 1/10 Q's a weekend to winning AAC regionals, AAC Nationals and every UKI National event all in the same year. She is in the best shape of her life and faster than ever as she enters her "Golden Years". Spicy doesn't like anyone working on her, but she likes Diamond!

I would recommend Diamond to anyone looking to help their dogs prevent or recover from injury, improve physically condition or just to make them more comfortable.

Rebecca McKay



I started bringing my dogs to Diamond a couple of months before the 2014 AAC Nationals. My border collie, Finn, is a tremendous athlete, but was constantly knocking bars in spite of my best efforts in training and conditioning. Diamond assessed him and immediately identified old, neglected injuries that were restricting him. Over the next two months Finn was treated regularly and I noticed a big difference in his form and confidence over bars. At Nationals he ran clean the entire weekend, ending up in fifth place overall in the very competitive 22" class, only knocking one bar on his very last run. I know that Diamond's treatments coupled with a good chiro program made all the difference. Most importantly, my dog ran pain-free and with true joy. I will continue to have my dogs monitored and assessed, as Diamond is able to pick up on very small changes, and catch problems before they become chronic issues. We are truly lucky to have Diamond in our canine community. Her breadth of knowledge and compassion towards dogs is absolutely apparent when you meet her. I highly recommend her services.

Jennifer McCaffery



I was a skeptic about canine body work the very first time that I agreed to have my German Shepherd Zed worked on. I went away from that first session a “believer.” That is where I first really had contact with Diamond of Sterling Canine Therapy. Zed had been injured as a young dog of about 3 years of age when she came out of a dugout and unknown to me had injured her hind leg.

Zed did everything with her whole heart and was not necessarily easy on her body. Diamond provided me with invaluable advice, direction and guidance on her care that included conditioning, supplements, exercises, body work and answering my questions without judgement. Zed had just completed her Onyx title in 2012 at the age of 6 years old when she became injured again. I had Zed looked at by another professional and was advised that she had arthritis and would be completely lame in her hind end.

I asked Diamond to look at Zed and Diamond made some recommendations that included the use of supplements, exercises, and Diamond continued to do canine body work. Zed in June 2014 at the age of 8 years old was beginning to start to do her restraints in Flyball again. A huge difference from being told that she was going completely lame by a different individual to working with Diamond who had her going for coulee walks, running and playing with her canine brothers and beginning to run in Flyball again.

One of the biggest things I appreciate about Diamond is her willingness to work with my dogs even at Flyball tournaments. There were many times that Diamond and her assistants provided canine body work to Zed while I was busy on the Flyball lanes. That speaks to my trust in her abilities and the difference I believe she made in Zed’s life.

The two bookend boys KaBoom and Jackson play Flyball and are seen regularly by Diamond in order to prevent injuries, maintain conditioning and for rehabilitation when those injuries do occur. Jackson in 2014 was unable to play Flyball for about 2 months and after his rehabilitation exercises, supplements and body work he is back running hard. My dogs will continue to see Diamond throughout their lifetimes in order to prevent injuries, maintain condition and when necessary for rehabilitation of

injuries. This type of care for my dogs is just as important to me as providing them veterinary care.

I would recommend Sterling Canine Therapy and Diamond to anyone who is interested in preventing injuries in their dogs, maintaining or improving their dog's current level of conditioning, and rehabilitation when that becomes necessary.

Thank you Diamond for your compassionate professional dedicated care of Zed, KaBoom, and Jackson.

Debbie Haines, Redline Dogsports, Lethbridge, Alberta.

