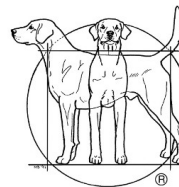




K9 CONNECTIONS presents
DR. CHRIS ZINK DVM, PHD, DACVP
Coaching the Canine Athlete
Saturday, July 5 and Sunday July 6, 2014
At TNT Kennels, Abbotsford, BC



Chris Zink, D.V.M., Ph. D, is a consultant on canine sports medicine, evaluating canine structure and locomotion, and designing individualized retraining and conditioning programs for canine athletes. She is the award-winning author of Peak Performance: Coaching the Canine Athlete, Dog Health and Nutrition for Dummies, and The Agility Advantage, and co-author of Jumping from A to Z: Teach Your Dog To Soar and Building the Canine Athlete: Strength, stretching, Endurance and Body Awareness Exercises. She has obtained more than 70 obedience, agility, retrieving, tracking and conformation titles on dogs from the sporting, herding, working, terrier and hound groups.

This is a fairly intensive two-day seminar broken into a number of segments, each with an initial lecture period followed by demonstrations and discussions. All areas of canine competition will be covered in this seminar. Lectures will be supplemented by illustrative videos. There will also be gait analysis of a number of dogs, demonstration of how to a lameness examination using actual dogs, discussions of conditioning programs and of injuries most common in performance dogs. The information presented on Day 2 builds on what is presented on Day 1. Handouts will be provided, as well as lunch, snacks, water. The following topics will be covered each day.

This seminar is highly interactive and provide ample opportunity for attendees and their dogs to participate in structure and gait analysis, lameness evaluation, to practice conditioning exercises with their dogs and to

Day 1:

Importance of Structure to Performance

- Introduction to the musculoskeletal system
- Conformation myths
- Understanding your dog's physical advantages and disadvantages for performance
- How to evaluate your own dog's structure
- Body size and shape
- How to evaluate front and rear angulations
- Dewclaws and tails—their use in performance
- How you can use your dog's structure to maximize performance
- How to pick a performance puppy

Locomotion

- Gaits (walk, trot canter) what they look like and how they are used in performance
- How dog gaits differ from horse gates
- Pacing, crabbing—why they are not ideal gaits
- How to train your dog to gait on cue
- The use of ground poles in conditioning and gait modification

Keeping Your Athlete in Peak Condition

- The five components of a fitness program for canine athletes
- Appropriate ages to begin strength and conditioning exercised
- Strength exercises that target specific areas of the body
- How to modify intensity, frequency, duration of training during the week and season
- Conditioning for specific muscle groups

Day 2:

When Things Go Wrong

- Common athletic injuries your vet might not know about
- How to recognize them and get the best treatment
- Complementary and alternative therapies for healing and improving performance
- Canine rehabilitation—what it is and how to do some of it yourself
- Conditions involving joints, bones, muscle
- How your dog's structure may increase his risk for certain injuries
- What health checks you should get on your performance dog and why
- Supplements and the performance dog

Jump Training

- Biomechanics of jumping
- Training jumping from puppies to adults—this is really more than just jump training—it is body awareness training

**For more information please email
Ona Steffensen / K9 Connections at
knineona@gmail.com or k9ona@shaw.ca**

Please do not contact TNT Kennels about this seminar.

ADDITIONAL INFORMATION:

Chris' seminars are highly interactive and provide ample opportunity for participation by attendees and their dogs. She will alternate between lecture time and activities in which participants can work with their dogs. The broad purpose of this seminar is to provide information on how the canine body works, and what we can do to improve performance and keep our dogs healthy and injury-free. High quality visual aids are used including PowerPoint presentations and videos. There will be abundant opportunity for participants to ask questions and discussions will be tailored to items of most interest to the participants. Handouts including notes on some of the subjects covered and recent publications on the canine athlete will be provided. A selection of Chris' books and videos will be available for sale at the seminar.

Please note that everyone who registers will be asked to complete an online survey specific to this seminar that will go directly to Chris and allow them to request the specific topics they most want covered. This information will be sent out a month before the seminar.

NEWS FLASH!!!! Chris Zink Now Uses Audience Response Technology!

This allows Chris to ask questions that are embedded in my presentation. The students respond using electronic keypads that send their responses via radio frequency to her computer, where the answers are presented on the screen. This gives everyone the chance to respond without having to raise their hands and enables Chris to discuss difficult concepts in more detail.

★ **CONSULTS with Chris Zink available on Saturday evening 6:00 - 9:00 PM.** ★
★ Chris Zink D.V.M., Ph. D will be available for a limited number of individual consults in association with the ★
★ seminar. The Consults will be provided on a pre-booked, first-come, first-served basis. ★
★ ★
★ **Structure and Gait Analysis Consult** ★
★ An understanding of your dog's structure and gait will help your dog to live a healthier, injury-free life and you ★
★ to achieve your goals in performance events. In this 25 min. consult, Chris Zink will evaluate your dog's struc- ★
★ ture and gait. She will assess your dog's muscle tone, discuss its front and rear assembly and balance, and ★
★ evaluate its coming and going and side gait. She will advise you of the dog's strengths and weaknesses and ★
★ any sports injuries that your dog may be at risk for, and will provide you with an individualized conditioning ★
★ program tailored to your performance goals. (25 min - \$100.00) ★
★ **Note:** Please limit yourself to one healthy dog for each 25 min. consult. If your dog has a chronic condition ★
★ such as hip dysplasia that might affect performance, please schedule a Sports Rehabilitation Consult, which ★
★ lasts 50 minutes. This is the amount of time needed to properly evaluate your dog and provide you with all of ★
★ the information you need to fully manage your canine athlete's problem. (50 min. - \$200.00) ★
★ **Problem-Oriented Consult** ★
★ Many dogs have physical or medical handicaps (e.g. hip dysplasia, elbow dysplasia, past injuries, bleeding ★
★ disorders) that affect performance and can lead to progressive dysfunction. This 50 min. consult is designed to ★
★ permit more detailed discussion of these problems and their present and potential effects on your dog's health ★
★ and performance. This consult incorporates the information provided in the Structure/Gait Analysis consult ★
★ and also provides a detailed, integrated approach to care, conditioning, and training dogs with physical/medical ★
★ problems to get them ready to compete again while preventing re-injury. Owners should contact Chris Zink ★
★ ahead of time (mczink@caninesports.com) and bring medical records and radiographs if appropriate. ★
★ (50 min. - \$200.00) ★
★ **Jumping Problem Consult** ★
★ Many dogs, even those that were natural jumpers as puppies and young adults, develop jumping problems as ★
★ they mature. In this consult, Chris will help you solve issues such as taking off too early and stutter-stepping. ★
★ Chris has successfully retrained over 100 dogs with these problems and helped them become thoughtful and ★
★ confident jumpers. Before working to resolve a jumping problem through retraining, it is critical to establish ★
★ that the dog does not have a physical problem. For example, iliopsoas strain can cause dogs to knock bars, ★
★ shoulder or elbow injuries or degenerative conditions of the front limbs such as arthritis can cause dogs to pop ★
★ jumps, and vision problems such as presbyopia or progressive retinal atrophy can cause a dog to refuse to jump ★
★ at all. Because of this, owners/handlers of dogs with jumping problems should always get thorough physical ★
★ and ophthalmological examinations for their dogs prior to attempting retraining. (50 min. - \$200.00) ★
★ ★

ADDITIONAL NOTES:

This seminar will be held at TNT Kennels, 27624 Watson Road, Abbotsford, BC V4X 1P4. Driving directions can be found by using www.mapquest.com. If you need further information about the seminar, please call Ona Steffensen at 604-790-7642.

Motels in the Area

Best Western Country Meadows, Aldergrove 604-856-9880 (7 minutes to venue site)
Super 8, Gloucester Way, Langley 1-888-561-7666 (7 minutes to venue site)

Camping in Area

Eagle Wind RV Park 604-856-6674 (3 minutes to venue site)
Ft. Langley Campground & RV Park 604-888-3678 (15 minutes to venue site)

Registration fee includes coffee/tea/water, lunch and snacks at breaks.

This seminar is limited to **30 working spots** and **30 auditing spots**, so please get your registrations in early to be guaranteed a spot. Please email me prior to sending off your registration form to make sure there is still room—my email address is k9ona@shaw.ca

To hold a working spot, a completed registration form along with payment in full is required.

CANCELLATION POLICY

\$25.00 cancellation fee anytime prior to March 31st, 2014.
\$50.00 cancellation fee April 1st to June 1st, 2014.
NO REFUNDS AFTER June 1st, 2014.

This seminar, for both days, is worth

CPDT 9.5 CEUs credits
CBCC 9.5 CEUs credits

SEMINAR REVIEWS

GREAT SEMINAR!

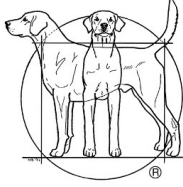
By Kathy Smith, Hamilton, ON

I'm an addict to seminars. This past weekend two of us went to see Chris Zink's "Coaching the Canine Athlete" seminar and it was absolutely the most fantastic one I've been to (and I've just about seen 'em all!!). If you are competing yourself or teaching students who plan to compete or train their dogs for any activity beyond couch potato, get to this seminar! She includes great practical advice that is very simple to apply and does it with great humour and a wonderful down-to-earth delivery that makes the weekend go by in a flash. WOW!

Chris Zink "Coaching the Canine Athlete" Seminar

By Rita Susanto

Greetings! I'll never see dogs the same way again! In short, this two day seminar was fabulous! I've been to many seminars, and this is one that I'd recommend as a must to anybody who competes with hihs/her dogs; be it obedience, agility, conformation, field etc. The seminar was very well structured, informative, interactive and well presented. Chris used slides and demos to help us visualize and understand various topics. There was real silence in the hall when Chris showed reaidographs of hips affected by hip dysplasia...it made many of us realize the importance of hip x-rays at early age as well as what it must be like for a dog to live with and/or compete in this condition. All in all I can't recommend this seminar highly enough. To be fair to our dogs, we need to know and understand their make-up before making any demands.



Chris Zink DVM, PhD, DACVP
Coaching the Canine Athlete
Saturday, July 5th and Sunday, July 6th, 2014

REGISTRATION FORM

There will be 30 dog/handler working spots & 30 Auditing spots. (Seminar is limited to 60 people)

_____ Working Spot for both days Cost is \$350.00

_____ Auditing Spot Cost is \$225.00 for both days, OR \$125.00 for one day _____ Sat _____ Sun
(Please note that auditing spot for two days will have priority over the one day)

Name: _____ Phone: _____

Address: _____ Province: _____

Postal Code: _____ Email: _____

Working Spot Information:

Dog's Name: _____ Breed: _____ Age: _____

Level of Training/Activity: _____

Problems: _____

Send seminar registration form and payment to: K9 Connections, 2682—204 Street, Langley, BC V2Z 2B8.
Canadian cheques/money orders made payable to K9 Connections; **US cheques/money orders** made payable to Ona Steffensen.

TO ENTER ON LINE FOR CREDIT CARD PAYMENTS go to Our Event Entry Service at
G.o.T.o <http://goto-enter.com>
Phone Toll Free 1-866-444-GoTo (4686)
Fax Toll Free 1-866-TO-ENTER (863-6937)

PRIVATE Consults— FILLED

Dogs will have to be crated in your car so bring pop-up tents, shade cloths or x-pens. Please bring a chair for yourself.

*****Waiver must be signed and accepted prior to attending any event at TNT Kennels**

I understand that I will not be allowed to enter onto or use this property for any activities unless I am willing to assume all risk of injury to myself & my animals. I acknowledge that dogs are unpredictable and there are certain risks and dangers inherent to being around them.

I hereby release TNT Kennels and Training Center, including its owners, members, officers and directors, instructors, volunteers, employees, the organizing committee, guest speakers, owners of the premises upon which the event is held, their employees and agents, any competitors, spectators, other participants, animals or vehicles from any liability, loss or damage for any reason. This waiver is in effect once signed, regardless of the date, time or year.
